

**Health
Information
Project**


Organization Name	Health Information Project, Inc. (HIP)
Organization Mission	HIP’s mission is to empower high school students to tackle the health crises of their generation.
Overview of Organization	<p>HIP is an innovative, peer-to-peer comprehensive health education program for high school students. HIP addresses critical health topics such as depression, eating disorders, obesity, anxiety, suicide, stress, bullying and abuse. The program’s impact has been validated by researchers at the University of Pennsylvania.</p> <p>During this school year alone, HIP will train over 3,000 11th/12th grade peer educators who will teach over 60,000 9th grade students in public, private and charter schools across Miami-Dade, Broward, Monroe and Pinellas counties.</p> <p>Recently, the HIP founders presented the innovative HIP model with Superintendent Alberto Carvalho (former superintendent of Miami-Dade and current superintendent of Los Angeles) at The School Superintendents Association national conference in Nashville.</p> <p>During the past two and a half years, kids have been dealing with a lot of physical and mental health struggles because of the pandemic. HIP is a solution to the nationwide mental health emergency among children, adolescents and young adults.</p> <p>You can learn more about HIP at www.behip.org.</p>
Program Name	HIP Program Implementation at Miami Palmetto Senior High School
Program Details	<p>In 2009, HIP’s founder, Risa Berrin (a native Village of Pinecrest resident), saw a void in the health education space – the traditional, archaic health class model was in desperate need of innovation. Risa felt it was time to disrupt the traditional health model. Students needed practical, reliable health information and health resources. HIP was the solution.</p> <p>Unlike many programs that partner with schools, HIP is not run by the adults. HIP is run by the students at each school. HIP trains 11th and 12th graders to go into 9th grade classrooms to have discussions about critical physical and emotional health topics.</p> <p>With a strong 13-year track record, HIP is the first, and remains the only, comprehensive peer-to-peer health education program in high schools in the US. Since 2009, HIP has taught over 370,000 9th graders and trained over 18,000 11th and 12th grade student peer health educators.</p> <p>HIP is now a leader in addressing the pandemic’s mental health crisis impacting teens. Kids have been through a lot—homelessness, food insecurity, parents/caregivers losing jobs, family and friends dying of COVID-19, witnessing of domestic violence at home in quarantine, disruption of usual social/school activities, feelings of isolation at home with virtual schooling and increases in depression/anxiety. In order to tackle the learning loss brought on by the</p>

	<p>pandemic, the stressors and distractions that get in the way of students' lives must be addressed first.</p> <p>Miami Palmetto Senior High School was the first high school to participate in the HIP program 13 years ago! Since then, all of the M-DCPS high schools and several private schools have followed Palmetto's lead!</p> <p>At Palmetto, HIP has become a very popular program for the upperclassmen to participate in and the spots that become available each year are truly sought after. They apply in their sophomore year and commit to their junior and senior years in the program. HIP is a leadership development program where students are trained in public speaking, classroom management, discussion facilitation and curriculum knowledge. These are skills that they will be able to use in high school, college, their professional careers and beyond.</p> <p>Principal Dobbs, Mrs. Joyce Brislawn (HIP's faculty sponsor) and Mrs. Julianne Farkas (9th grade AP World History teacher), have been incredible supporters and advocates for the HIP program since the beginning.</p> <p>HIP would be truly grateful for the support of the Village of Pinecrest and we thank you for your time and consideration.</p> <p>-Valerie Berrin <i>Chief Operating Officer</i></p> <p>-Risa Berrin <i>Founder & Chief Executive Officer</i></p>
<p>Program Costs/ Grant Request</p>	<p>Curriculum Materials - \$1,200 Training Materials - \$1,000 School Health Campaign (<i>banners, posters, HIP TIPS</i>) - \$850 Peer Health Educator Shirts- \$550 Health Resource Portal - \$750 Individualized School Portal - \$650</p> <p>Total Grant Request - \$5,000</p>



From: [Yocelyn Galiano \(OVM\)](#)
To: [Priscilla Torres \(OVC\)](#)
Subject: FW: Village of Pinecrest Grant For Nonprofits
Date: Monday, November 14, 2022 2:02:01 PM
Attachments: [HIP.Village of Pinecrest Grant.November 2022.pdf](#)

Include in Dec agenda.

Yocelyn Galiano, ICMA-CM, LEED GA
Village Manager

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From: Valerie Berrin <val@behip.org>
Sent: Monday, November 14, 2022 1:12 PM
To: Yocelyn Galiano (OVM) <ygaliano@pinecrest-fl.gov>; The Honorable Anna Hochkammer <ahochkammer@pinecrest-fl.gov>
Subject: Re: Village of Pinecrest Grant For Nonprofits

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Hi Ms. Galiano & The Honorable Anna Hochkammer-

Hope you both had a wonderful weekend!

Please find attached our HIP program information for the community grant. Please let me know if you have any questions or need anything else.

Thank you for your time and consideration. Have a great week!

-Val

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Valerie Berrin
Chief Operating Officer
Health Information Project (HIP)
4601 Ponce de Leon Blvd., Suite 300
Coral Gables, Florida 33146
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Cell: (305)926-3304

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Email: val@behip.org

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Follow HIP on [Facebook](#), [Twitter](#) & [Instagram](#)

Check out HIP's video [here!](#)

From: "Yocelyn Galiano (OVM)" <ygaliano@pinecrest-fl.gov>

Date: Tuesday, November 8, 2022 at 1:55 PM

To: 'Val Berrin' <val@behip.org>

Subject: RE: Village of Pinecrest Grant For Nonprofits

They have awarded different grants according to the ask. So not a particular amount.

Yocelyn Galiano, ICMA-CM, LEED GA
Village Manager

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From: Val Berrin <val@behip.org>

Sent: Tuesday, November 8, 2022 1:15 PM

To: Yocelyn Galiano (OVM) <ygaliano@pinecrest-fl.gov>

Subject: Re: Village of Pinecrest Grant For Nonprofits

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One other quick question. Is there a particular amount that the grants are for or is there a range?

Thank you!

--

Valerie Berrin
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Web: www.behip.org

On Nov 8, 2022, at 9:00 AM, Valerie Berrin <val@behip.org> wrote:

Sounds great! Thank you so much for the information. I will work on that and get that to you.

I appreciate your reply. Enjoy the rest of your week!

-Val

--

Valerie Berrin

Chief Operating Officer

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From: "Yocelyn Galiano (OVM)" <ygaliano@pinecrest-fl.gov>

Date: Tuesday, November 8, 2022 at 8:56 AM

To: 'Valerie Berrin' <val@behip.org>

Cc: The Honorable Anna Hochkammer <ahochkammer@pinecrest-fl.gov>

Subject: RE: Village of Pinecrest Grant For Nonprofits

Hello Ms. Berrin:

Thank you for reaching out to my office to inquire about a community grant. We do not have an application per se. What we typically ask for is a letter that makes the funding request and explains what the funds are sought for/in support of. Once I have the request in writing with supporting documents as you may wish to submit, I would put the matter on a future Council agenda for their consideration.

Let me know if you have any lingering questions. I look forward to receiving your funding request soon.

Regards,

**Yocelyn Galiano, ICMA-CM, LEED GA
Village Manager**

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From: Valerie Berrin <val@behip.org>
Sent: Tuesday, November 8, 2022 8:22 AM
To: Yocelyn Galiano (OVM) <ygaliano@pinecrest-fl.gov>
Subject: Village of Pinecrest Grant For Nonprofits

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Good morning, Ms. Galiano-

I hope you are having a great week!

My name is Valerie Berrin and I run a nonprofit that works in high schools across Miami, called Health Information Project, known as HIP. I am reaching out regarding a Village of Pinecrest grant for nonprofits. One of our board members (Shari Debowsky) recently spoke with Councilmember Hochkammer. She said to reach out to you regarding an application that we can use to apply for a grant to support our programming at Miami Palmetto Senior High School.

Please let me know about any next steps. I appreciate your help! Thanks so much!

-Val

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Valerie Berrin
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